What is claimed is:

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- 1. A power-saving method for video-broadcasting system in liquid crystal display (LCD) equipment, wherein said liquid crystal display (LCD) equipment, such as, for example, a desktop, a notebook, or a PDA, includes a computer and an LCD, said power-saving method mainly comprising the steps of:
 - outputting a command about brightness of a back light source and a command about video information;
 - adjusting brightness of the back light according to the command about brightness of the back light source; and
- adjusting video information according to the command about video information.
 - 2. The power-saving method as in claim 1, wherein said adjusting brightness of the backlight decreases brightness of the back light.
 - 3. The power-saving method as in claim 2, wherein said decreasing brightness of the back light decreases brightness of the back light by about 30%-70%.
- 4. The power-saving method as in claim 1, wherein said command about video information comprises the steps of:
 - adjusting brightness information in said video information; and adjusting contrast information in said video information.
- 5. The power-saving method as in claim 4, wherein said adjusting brightness information increases brightness information.
 - 6. The power-saving method as in claim 5, wherein said increasing brightness information increases brightness information by about 50%-100%
 - 7. The power-saving method as in claim 4, wherein said adjusting brightness information increases contrast information.

- 8. The power-saving method as in claim 7, wherein said increasing contrast information increases contrast information by about 70%-130%.
- 9. The power-saving method as in claim 1, wherein said LCD is a TN-LCD, STN-LCD, or TFT-LCD.